

Volunteer activities supporting integration

Homework help and clubs

Support in schoolwork and studies

- You help children, young people and adults with their homework and Finnish or Swedish.
- You don't need prior teaching experience.
- A homework club can also be held e.g. at a primary school, library or the premises of a Red Cross branch.

- Available training: Homework Help Instructor Training



Language and discussion clubs

Support with language studies and speaking practice

- At language clubs, people can practise everyday language.
- You don't need a teacher's skill set.



Friend activities

As a friend to an immigrant

- The friends can attend local events together or get to know the local people and services and explore recreational opportunities and cultural activities.
- The friends decide what they would like to do together and how often they meet up.
- Available training: Basic course on friend activities



Everyday support

Support with everyday life and living

- The aim is to promote the life management skills of immigrants by supporting them with settling into their homes and getting to know the services and people in their neighbourhood.
- You will meet with the person in need of help 3–10 times in the early stages of their integration, focusing on certain themes, such as practical matters related to living, shopping or getting a library card.
- Available training: Everyday support training



International clubs

Meeting places open to all

- An open place to engage in recreational activities and get to know new people.
- Everyone decides together what they would like to do, e.g. play games, cook, visit museums, go on excursions to nature.



Photo: FRC, Susanna Chazal Martin

Theme and activity groups

Dance, football, Nordic walking, music, excursions, crafts...

- You can organise group activities supporting integration in accordance with local needs.
- One example from the Helsinki and Uusimaa district is [Helpers' Clubs](#), which offer open first aid groups for young adults who have immigrated to Finland.



Photo: FRC, Leena Koskela

Camps and trips

Introducing immigrants to their new home region, peers and recreational activities



Activities at reception centres

Support and activities for asylum seekers

- Recreational activities for asylum seekers living at reception centres.
- You can volunteer as a Red Cross friend, teach or learn languages and culture, organise club activities or accompany asylum seekers on walks, for example.





Find a volunteer role suitable for you

<https://oma.punainenristi.fi/>

**Would you like to
launch some other
activities that support
integration?**



**If so, please
contact your
local branch or
district office**

<https://rednet.punainenristi.fi/piirit>

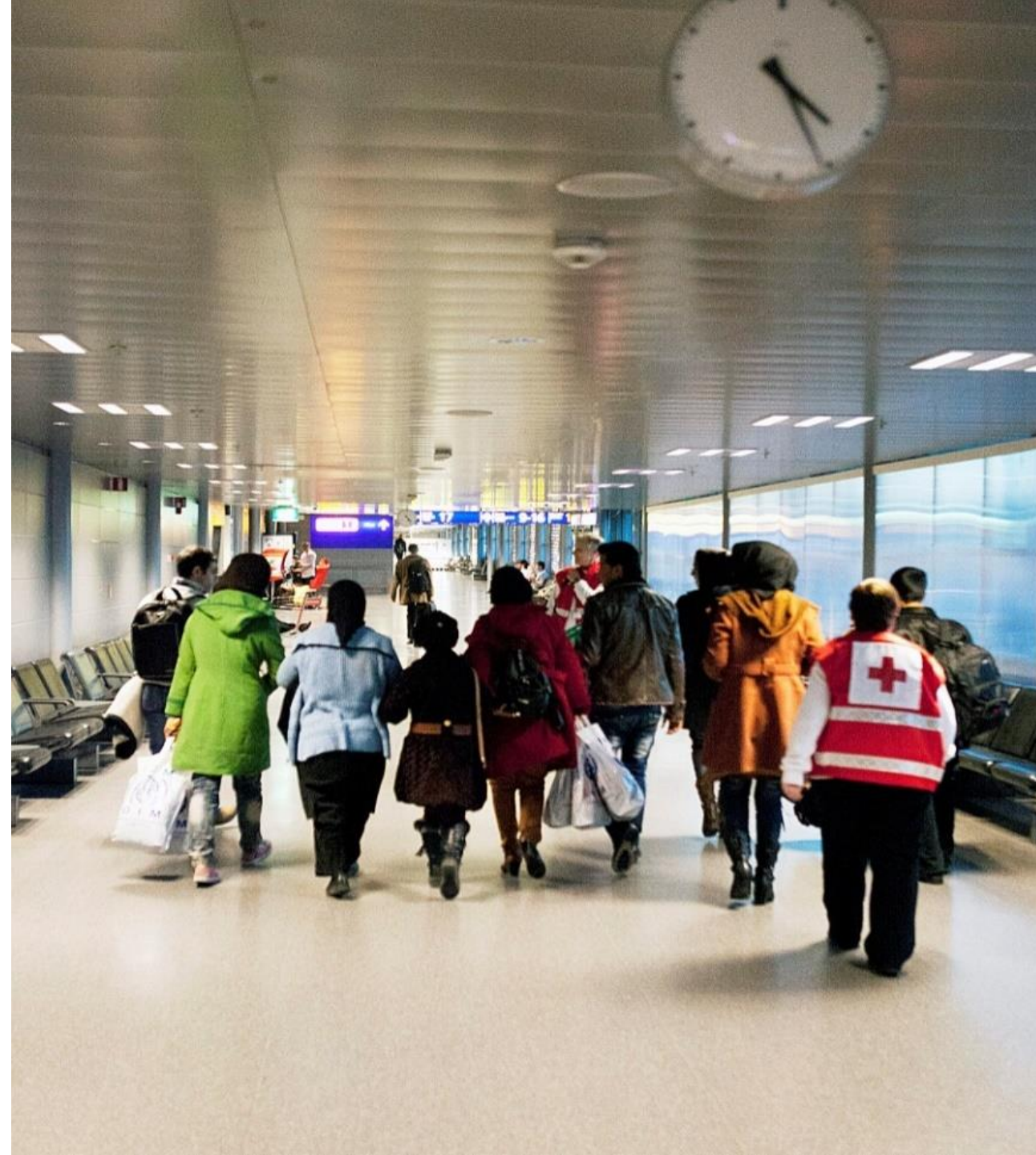
Other activities and support for immigrants



Presence and help with further transport

Support for resettled immigrants arriving in Finland

- You receive quota refugees at Helsinki Airport and help them with border procedures.
- This role is suitable for committed and long-term volunteers.
- Available training: Resettled refugees and support from the Red Cross



Support for undocumented immigrants

- Multi-channel guidance and advice
 - Support points
 - Providing information about rights
 - Network coordination
 - Humanitarian diplomacy
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- Available training: Undocumented immigrants and the Red Cross



Photo: FRC, Joonas Brandt

Support for detained foreign nationals

Psychosocial support visits at the Helsinki and Joutseno units

- Psychosocial support
- Breaking isolation
- Respectful contact
- Protection-oriented operating model



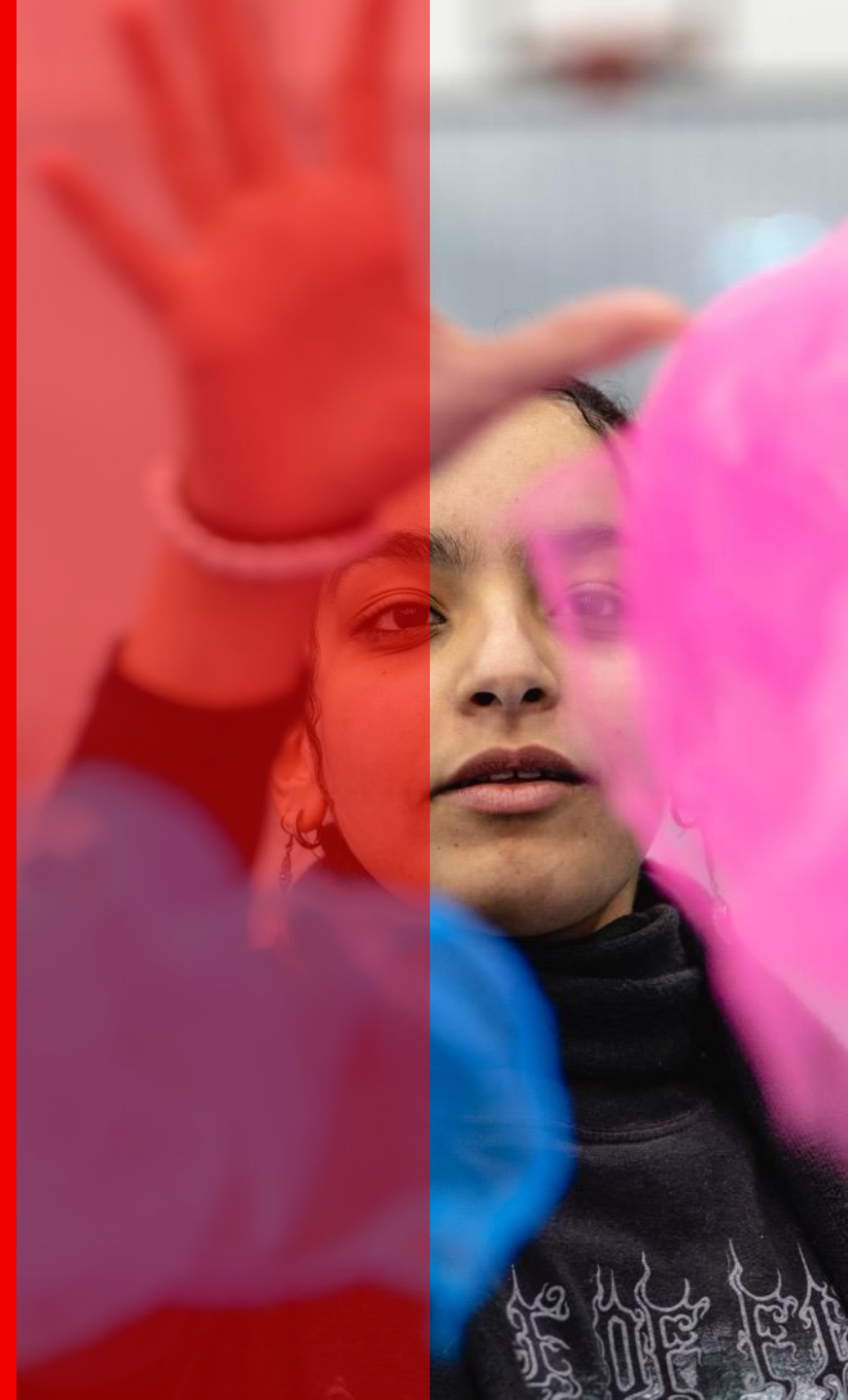
Photo: Aino Väänänen

The community-sponsored integration project involves piloting strong community support for quota refugees with the help of community sponsor activities.

Launching in several municipalities around Finland.

Operating period 2023–2025.

<https://www.redcross.fi/our-work/help-for-immigrants/community-sponsored-integration/>



Read more

<https://www.redcross.fi/our-work/help-for-immigrants>

<https://rednet.punainenristi.fi/maahanmuuttotyö> (page in Finnish and Swedish)

Source of photos: Finnish Red Cross